LC UNITED

FOOTBALL CLUB

CLUB HANDBOOK

Players • Parents • Coaches

HIREP

Honour • Integrity • Respect • Excellence • Professionalism

Governed by Fruitful Trees Foundation

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About LC United

Overview

LC United is not merely a football club, it is a structured youth development programme grounded in discipline, accountability, excellence, and character. Success is measured not only by wins and trophies, but by the quality of men produced and the positive impact created in families and communities.

Vision

To become a well-structured regionally recognised football club that builds disciplined, high-character, high-performing young men ages 9-19 years old through professional training and mentoring to achieve leadership development, academic responsibility, and community transformation.

Mission

To operate a values-driven football programme that develops athletes holistically—on the pitch, in school, at home, and in society—producing leaders prepared for life beyond football.

Management Team

Mark Johnson, Club Manager

Paul Williams, Technical Director

Tafari Babatunde, Head Coach

Andre Henry, Mentor

Charles Grizzelle, Mentor

Ms Matthews, Club Administrator – 876.417.3086

Our Core Values

Our five core values guide how we train, compete and live. They shape the character of every player and the culture of LC United. We expect players, coaches and club representatives to demonstrate these values consistently, through everyday choices as well as significant moments.

Honour

We carry the LC United badge with pride and recognise that our conduct reflects on our teammates, families and club. Honour means showing good sportsmanship, competing with dignity and treating victory and defeat with maturity. We acknowledge the efforts of others and represent the club responsibly at school, at home, online and in the community. We keep our commitments and choose behaviour that earns trust. Wearing the badge is a privilege accompanied by responsibility.

Integrity

We do what is right, including when nobody is watching. Integrity means telling the truth, playing fairly and taking responsibility for our actions. We acknowledge mistakes, make amends and learn without hiding facts or shifting blame. We respect other people's property and provide accurate information about ourselves. Our words and actions should agree. We speak honestly about concerns and recognise that lasting success must be earned through fair effort and trustworthy conduct.

Respect

We recognise the dignity of every person, regardless of ability, background, role or status. Respect means listening attentively, speaking courteously and treating coaches, teammates, officials, opponents and supporters considerately. We receive correction with humility and express disagreement calmly. We protect personal boundaries, care for shared facilities and reject bullying, discrimination and abuse. Respect also means supporting teammates through difficulties and speaking up when someone is treated unfairly. Every person should feel safe and valued within our club.

Excellence

We pursue high standards through purposeful effort, consistent practice and a willingness to learn. Excellence means preparing properly, staying focused and giving our best within our abilities and health. We apply coaching feedback, develop our understanding of the game and contribute to the team's progress. We value education, sound judgement and personal growth alongside football performance. Setbacks become opportunities to learn. We measure progress through improvement, disciplined habits and the quality of our contribution.

Professionalism

We approach our responsibilities with preparation, reliability and care. Professionalism means arriving early, wearing the correct kit and bringing what we need to participate. We communicate delays or absences promptly, follow agreed procedures and care for equipment. We manage our conduct, presentation and time in ways that support the team. We prepare for training and competition and take recovery seriously. Whatever our age or experience, we build dependable habits and fulfil the responsibilities entrusted to us.

Pledge

I pledge to live with honour, operate with integrity, respect all—including myself—, uphold excellence and be professional every time, everywhere, with everyone. LC United. Born great! Live great! Finish great!

The Ideal Player

The ideal LC United player is described as follows:

- Is disciplined, punctual, consistent, and reliable
- Demonstrates respect for coaches, teammates, officials, parents, opponents and others
- Is coachable, teachable, and open to correction and growth
- Balances football commitments with academic, family and other responsibilities
- Exhibits emotional intelligence, self-control, and resilience
- Shows leadership through example, accountability, and service
- Understands the value of physical preparation, nutrition, recovery, injury prevention and recovery
- Represents the club positively in public spaces and online environments

Recruitment

1. Player or guardian expresses interest in joining LC United
2. Player over 18 years or guardian of player under 18 years contacts the Club Administrator
3. Admin provides the website address for the Application Form to be completed online
4. Application is reviewed by Management
5. The player or guardian is advised if the application is advanced to the Trial Phase
6. TP runs for 8 weeks for us to assess the player's skill and attitude; missing cancels the application
7. A successful player is then provided a Membership Agreement and Medical Examination to complete
8. Upon receipt of the signed agreement and approved Medical, the player becomes an official member

Communication

Information between the Club and parents should flow through the Club Administrator

- Calls
- Text
- Emails

WhatsApp groups are created and managed only by the Club Administrator

The Club Manager reserves the right to authorise other personnel to temporarily or permanently handle some or all Club communications.

Club Rules

Honour

- Represent the club positively wherever you go.
- Win graciously and lose respectfully.
- Use the club's name and badge only with permission.

Integrity

- Tell the truth and provide accurate information.
- Own your mistakes without blaming others.
- Play fairly and never take others' belongings.

Respect

- Treat everyone with dignity; never bully or abuse.
- Listen, follow instructions and raise concerns respectfully.
- Respect personal boundaries, belongings, facilities and equipment.

Excellence

- Give your best effort in training and matches.
- Complete assigned activities and apply coaching feedback.
- Follow recovery routines and report injuries or illness.

Professionalism

- Arrive early and be ready to begin.
- Wear the correct kit and bring all essentials.
- Report delays or absences promptly.

Disciplinary Procedures

Purpose

To uphold LC United's HIREP values—Honour, Integrity, Respect, Excellence and Professionalism—through fair, consistent and proportionate action.

1. Address the concern

The coach or designated club official explains the alleged breach privately, hears the player's account and considers the circumstances before deciding on action. Players must be treated respectfully throughout the process.

2. Apply the appropriate disciplinary stage

Stage	Action	Application
1. Verbal Warning (VW)	Explain the breach, expected improvement and consequences of repetition. Record a brief note.	Minor, first-time misconduct.
2. Written Warning (WW)	Document the breach and required improvement. Notify the parent or guardian of a minor.	Repeated minor misconduct or a more significant breach.
3. Behaviour Agreement (BA)	Meet with the player and, where applicable, parent or guardian. Set specific expectations, support and a review date.	Continued misconduct despite warnings.
4. Lower Order (LO)	Temporarily restrict participation for a defined period, with written reasons and return conditions.	Serious misconduct or failure to meet the behaviour agreement.
5. Membership Termination (MT)	End membership following a formal review and written decision.	Very serious misconduct or persistent breaches despite earlier action.

Stages may be skipped where the seriousness of the incident warrants it. Consider the player's age, understanding, previous conduct, impact of the behaviour and any relevant personal circumstances.

3. Handle serious incidents promptly

Violence, threats, bullying, discrimination, theft or conduct that endangers others may require immediate removal from the activity. A temporary suspension may be imposed while the matter is reviewed; it does not establish guilt.

Suspected abuse or safeguarding concerns must be referred promptly to the designated safeguarding lead and appropriate authorities where required.

4. Use fair decision-making

Coaches may issue verbal warnings and remove a player from an activity for immediate safety or order. Written warnings and behaviour agreements require the designated club administrator's involvement. Suspension or termination requires approval from club leadership.

Anyone directly involved in the incident must not be the sole decision-maker for a suspension or termination.

5. Communicate and record the outcome

Keep a confidential record of the incident, the player's response, relevant evidence, action taken and review date. Explain the decision clearly to the player and notify the parent or guardian of a minor about formal disciplinary action.

Share information only with those who need it to manage the matter.

6. Allow an appeal

The player or parent/guardian may submit an appeal within five working days of a written decision, explaining the grounds. An uninvolved club official reviews the appeal and normally provides a written outcome within ten working days.

Any temporary safety restrictions remain in place during the appeal unless club leadership decides otherwise.

7. Support a positive return

After suspension, meet with the player and, where applicable, parent or guardian to confirm expectations, support and any review period. Once the requirements are met, support the player's full return without humiliation or continued labelling.

Disciplinary boundaries

Physical punishment, humiliation, collective punishment and withholding water, food or medical care are prohibited. Exercise must not be used as punishment. Players must not be penalised for reporting concerns in good faith, disclosing an injury or requesting help.

Training Location Map



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OUR TRAINING LOCATIONS

Golden Age Home
17°58′48.5″N 76°46′13.3″W

Clancarthy Primary School Field
17°58′53.5″N 76°46′36.2″W

Indicative road frontage • Logo centres mark training locations • North is up

Tap the links below to open each location in Google Maps:

- Golden Age Home
- Clancarthy Primary School Field